



Athletic Manual

PHILOSOPHY

The athletic program at Rosedale Baptist School exists for the purpose of developing physical, personal, and spiritual skills of the athlete that will have life-long benefits. In providing opportunities for interscholastic competition, the athletic department seeks to support the overall mission of the school and to promote the biblical ideal that everything should be done to glorify God (1 Corinthians 10:31). In the context of athletic activity, the student is exposed to many spiritual concepts, including the importance of self-discipline (1 Corinthians 9:27), respect for others (Ephesians 4:32), proper use of God-given abilities (Matthew 25:14-30), striving for excellence (Colossians 3:23), time management (Ephesians 5:16) and submission to authority (Romans 13:2). We intend to use athletics to help the student develop both physically and spiritually. Ultimately, a Christian athletic program should produce an enhanced Christian character in the participant as well as the spectator.

NOTE FROM THE ATHLETIC DIRECTOR

We thank you for all the help and support you give to our school and our athletic program. We also welcome you to the Rosedale Baptist School athletic family this season and thank you for the many sacrifices you make to allow your son and/or daughter to play sports here at RBS.

Athletics is a tool that can be used to teach life-long lessons and help develop the athlete's Christian life. It is the goal of Rosedale Baptist School that all of our students, staff, and parents exemplify Christ-likeness in all that they do. The purpose of this manual is to maintain consistency and fairness for our athletic program.

Rosedale Baptist School requires athletes as well as parents to read and sign this manual. Knowing the school's expectations will help athletes strive to do their best, and help parents to properly support the athletic program. Thank you in advance for your support. We look forward to working alongside you.

Rick Jeselskis
RBS Athletic Director
rjeselskis@rbspanthers.org

ACADEMICS

The athletes at Rosedale Baptist School are students first and foremost. Coaches and teachers will work together to help the athletes be successful in the classroom. Students participating in athletics should anticipate the demands on their time and plan accordingly. Athletic participation should never be used to excuse incomplete assignments, missed tests, or tardiness. Athletes should be present and prepared for class regardless of game and practice schedules.

DISCIPLINE

Each athlete is a representative of RBS and must reflect a positive testimony in actions, behavior, and speech (1 Timothy 4:12). Coaches are employees of the school and may carry out all school policies and standards of behavior for athletes as set forth by the administration. Disciplinary actions will be enforced for misconduct. Serious offenses are brought to the attention of the administration. All coaches hold the right to use the demerit system if needed.

Due to the fact that RBS seeks to instill moral character into athletes, students who receive a school suspension may be put on probation from the team. On days of suspension, student athletes may not participate in their team's practice. The penalty for missing that practice will be applied just as if it was an unexcused absence. If the suspension occurs on a game day, the student may not participate in the game that night.

DRESS CODE

Practices - Athletes should wear knee-length shorts and a solid-colored or athletic t-shirt (for example: Nike, Under Armor, Adidas, etc.). Baseball players should wear baseball pants, t-shirt, and hat. No tank tops should be worn for any practices. This applies to all participating athletes.

Travel - Coaches reserve the right to have their team travel to games in either game day attire (*see below*) or their jersey.

Game Days - Cheerleaders may wear their uniform on game days. All other teams must wear their school uniform. Coaches may request that young men wear a shirt and tie.

Athlete's Code of Conduct

Every athlete is expected to maintain a good, Christian testimony in every circumstance. Loss of testimony occurs when one or more of the following takes place:

1. An athlete argues or disrespectfully questions a referee's call or decision.
2. An athlete is openly disciplined by the game officials (technical fouls, red/yellow cards, ejections, etc.)
3. An athlete gets involved in a verbal argument with opposing players, coaches, or fans, or yells openly at his/her own coach or teammates.
4. An athlete openly displays displeasure with a game's outcome by using inappropriate gestures and/or facial expressions.

5. An athlete fails to cooperate with game officials by not handing them the ball, slamming down the ball, etc.
6. An athlete commits a hard foul and demonstrates poor sportsmanship.
7. An athlete allows his emotions to become unbridled in victory or defeat.

Failure to abide by the Code of Conduct can lead to suspension or dismissal from the team.

Rules for Eligibility

ATTENDANCE

Students involved in the athletic program must be in school by 11:00 A.M. in order to participate in a game or practice that day. The only exception will be for a previously scheduled doctor or dentist appointment. **An athlete must be present for at least four hours of class time in order to participate in a game or a practice.** If an athlete leaves early because of illness, he/she will not be allowed to participate in that day's sporting events even if four hours of school have been completed.

ACADEMICS

Each athlete will be held to the same standard academically and must stay within the guidelines as stated below in order to remain eligible to participate on game days.

Athletic eligibility will be checked every three weeks in coordination with the posting of progress reports and/or the issuing of report cards. Eligibility is determined by looking at the grades with the current quarter. If an athlete has an "F" or an overall average lower than a "C" for the current quarter, eligibility would then be determined by the athlete's cumulative average for the school year. If the cumulative average for the school year is still at an "F" or the overall average remains lower than a "C," the athlete would then be ineligible to play in a game until the grade(s) for the current quarter are above an "F" and the overall average reaches a "C" or higher.

If an athlete is declared ineligible, the grades may be checked on a daily basis to determine if the athlete has improved his/her grade(s) to the appropriate level explained above.

Athletic eligibility resets at the start of the second semester. At that time, all athletes get a fresh start and are eligible for participation. Eligibility would then be checked again at the first progress report of the third quarter.

PHYSICALS

All athletes participating in athletics must have record of a current physical on file with the school office. The physical is good for one year from the date on which it was administered. An athlete will not be able to participate in any interscholastic games until a proper athletic physical is on file with the school office. Forms can be obtained on the school website under the

admissions tab or from the athletic office. Completed forms should be turned in to the school office.

PRACTICES

Practices are a vital part of any team's success. If a practice needs to be cancelled due to weather or some other conflict, a notification will be communicated immediately to parents. If an athlete anticipates missing a practice or a game, prior notice should be given to the coach.

All athletic practices are closed to the public unless otherwise stated by administration. In order to maintain control of practice and to ensure player safety, only coaching staff is permitted to be on site. If a parent wishes to be at a practice, the parent must contact the athletic director.

By participating in the athletic program, athletes are committing themselves to be present at all practices and games. There will be no allowances for missed practices or games due to work or any other outside events. Church events here at Rosedale or at the church of which the student is a member may be excused as long as the parent informs the coach or athletic director of the event. School and church administration endeavor to avoid any scheduling conflicts; however, if a conflict arises, the player is committed to his team and is responsible to make any games or practices scheduled by the athletic program.

For tardies and absences, the following disciplinary procedures will be followed:

Infractions

Tardy to practice once
Tardy to practice twice
Tardy to practice three or more times
First unexcused absence
Second unexcused absence
Continued unexcused absences

Discipline

Verbal warning
Laps/sprints for every minute of practice missed
Each following tardy counts as an absence
Benched for the first half of the next game
Benched for the entirety of the next game
Dismissal from the team

Excused vs. Unexcused Absences - Doctor's appointments, funerals, and church revivals are considered excused absences. If a player has to leave school during or right after the school day, his absence will be excused as long as a doctor's note is provided. If a student is feeling sick, but does not need to go to the doctor, he should still attend practice as a spectator. In all situations, it is preferred that the coach is given at least a day's notice for a planned absence so he may adjust his practice plans accordingly if needed.

A student may back out of joining a team any time before the third practice without penalty. After that third practice, quitting a team will incur a penalty. Any athlete who quits a team will be forced to sit out the next sports season in which he would normally participate. (Example: an athlete who quits basketball during the winter season will have to sit out of baseball or soccer that spring.) A player who leaves the team while on probation and does not return will be considered to have quit. Any player who quits or is dismissed from the team will not be eligible for post-season accolades no matter how much they participated in the season. Only players who start and complete the entire season will be eligible to receive awards in that sport.

PROBATIONS/SUSPENSIONS

During academic ineligibility or school suspension, the following guidelines will be observed:

1. The student will not be allowed to dress out or participate in any games or scrimmages.
2. The student will not travel with the team for away games.
3. Except during suspension, the student will attend and sit on the bench at home games.
4. Except during suspension, the student will still attend and participate in all team practices; however, the coach reserves the right to have him sit out if deemed necessary.

Miscellaneous

FACILITIES

Extreme care and caution should be taken in the use of facilities that have been provided for students at RBS. Each player is responsible to ensure that every field and court (both home and away) is left in the condition in which it was found. No player will be permitted to leave without first receiving permission from the coach. Any athlete defacing or destroying property will be disciplined according to school policy. Activities by teams should be limited to the area specifically designated for the team's use. All other areas are off limits.

FEES

The 2019-2020 athletic fees will be \$75 per player per sport. These fees will be used to pay for athletic expenses such as vehicle transportation, coaches' stipends, equipment replacements, or uniform purchases. **No athlete will be allowed to participate in a game until the athletic fee is paid in full.**

FUNDRAISING

Athletes' participation is strongly encouraged in fundraisers to provide a team spirit of working together to accomplish a common goal. Parental help is acceptable and encouraged unless otherwise stated.

TEAM INVOLVEMENT

As the athletic program continues to expand and enhance, it is highly encouraged that a student not participate in more than one sport or team per season without prior administrative approval. This policy helps to avoid conflicting events such as practices and games between those sports.

TRANSPORTATION

Games - All athletes **must** travel with the team to all away games. A school-owned or school-rented vehicle will be provided for travel to and from all away games, and to all home baseball

and soccer games off campus. A team member may ride home with his/her parent(s) or legal guardian(s) provided that the coach is informed by written or verbal communication prior to leaving. An athlete may leave the game with another student's family **only** if written permission has been given by his/her parent or legal guardian and by those with whom he will be riding. Students will not be allowed to leave the game with just another student; there must be an adult present.

Practices - Transportation will be provided **to** off-campus practices, but not **from** off-campus practices; parents should arrange pickup of their child at the field promptly at the end of each practice. An athlete with a driver's license and vehicle may drive to off-campus practices (but not games). Athletes who choose to drive themselves will be expected to arrive at practice on time, and should go directly to the field for practice. It will be up to the parents' discretion on whether or not they allow their child to ride in another student's vehicle to practice, and they must provide written permission to the school office.

All parents and athletes must submit a signed *Athletic Compliance* form to the school office, giving the school permission to transport the athlete by bus or shuttle to and from away games and to off-campus practices.

UNIFORMS & EQUIPMENT

The school has made a significant investment into the uniforms that each athlete wears. With this in mind, each uniform must be washed after each game and be well maintained each season. The athletic director and coaches will inventory each item loaned to the athlete, and each athlete will be held accountable for the individual cost of those items. Each uniform piece must be professionally dry-cleaned and returned to the school with the cleaning tags still on it. If not returned in this manner, a \$12.00 uniform cleaning fee will be applied.

If a uniform is not returned on time, the replacement cost of the uniform will be added to the athlete's school bill. Once the uniform is returned in its proper condition, the fee will be removed from the athlete's account. If an athlete loses any part of the uniform or returns it damaged, the athlete will be responsible to pay for the replacement cost.

Athletic equipment can go home with the coach but not an athlete. Under no circumstances will equipment be checked out to athletes for personal or home use.

RESOLVING CONFLICT

There are times when it may be difficult to accept a child's lack of playing time or the position a child is playing on the team. Recognizing that coaches are the ones who work with the team on a daily basis in practice and in competition, it is important to understand that they will make judgment decisions based on what they believe to be the best for the team.

Procedures to follow if a parent has a concern with a coach:

1. Call the coach to set up an appointment. It is important not to confront the coach before or after a game or practice. These are emotional times for a parent and a coach, and are not wise times to make an attempt toward a resolution of a problem. Also, please do not approach a coach during any church worship service to resolve a conflict.
2. Call the athletic director to set up an appointment to discuss the situation if the matter cannot be resolved with the coach. Please use the same courtesies listed above when contacting the athletic director. Only after all avenues of communication with the athletic staff have been utilized may the school administrator be contacted.

These principles that we have chosen to follow are taken directly from Matthew 18:15-16. In no way should a parent attempt to undermine a coach's authority or decision making.

CONCESSIONS HELP

Parents of our volleyball, basketball, and cheerleading athletes are expected to help on a rotating basis in our "Paw Pit" concession stand provided at all home games that utilize our school gym. Parents will not be expected to work in the concession while their child is playing.

Note to the Parents

Thank you so much for allowing your child to represent Rosedale Baptist School's athletic program! Our goal is to work with you to provide an environment in which our students can thrive and grow to be more like Christ. Of course, we are looking to build a successful, winning program, but most importantly, we are striving to honor Christ. I Corinthians 9:25 says, "*And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible.*" It is imperative that we work together to accomplish this goal.

Here are a few ways that you can help us as a school parent and your child's biggest fan:

BE SUPPORTIVE

We ask that you be supportive of your son and/or daughter in their athletic adventures as well as supportive of the coaching staff. Our coaches are a collection of mostly volunteers that are truly passionate about the sport they coach and passionate about working with young athletes. They will teach your child many aspects of the sport along with many life lessons that your child will take with him/her long after high school is over.

Please do not criticize. Support the players, coaches, and teams both verbally and through your actions. Help build them up, not tear them down. As difficult as it may be at times, comments made to officials and opposing teams need to be positive. Please let the coaches coach, the players play, and the officials officiate. Let them work together to get better individually and collectively.

BE A ROLE MODEL IN THE STANDS

Your son and/or daughter are watching you and the example you set. It is important as adults to remember to always be a positive role model in the stands. We know it can be emotional watching our child participate in sports, but it is important that, as adults, we are keeping high school sports in proper perspective. If you have nothing positive to say, please say nothing at all. We should not voice negative comments to the officials, opposing team, or opposing fans at any athletic game. Make sure we are always showing great sportsmanship in word and action.

Remember that we represent our family, our school, and our Lord. Long after the score has been forgotten, one's reputation will be remembered.

THE TEN COMMANDMENTS FOR A GREAT SPORTS PARENT

1. Talk about the other athletes on the team and the opposing team in the same manner you would want other parents to talk about your child.
2. It is nice to give the coach a pat on the back when he or she wins. It is even nicer when you give the coach a pat on the back after a loss.
3. Don't hesitate to give the referee, umpire, or official a pat on the back as well.
4. Remind your child that it is effort that counts.
5. Avoid the PGA – post game analysis.
6. Smile... enjoy the game!
7. If you are not a good sport at the games, your child will not be either.
8. Take time to learn the rules of the game.
9. If you must make noise at games, shout only praises and encouragement.
10. Above all, be there for your child... support and praise him/her, regardless of the score.



ROSEDALE
BAPTIST SCHOOL

Reach. Build. Serve.

RBS Athletic Compliance Form

TRANSPORTATION:

During the athletic season at RBS, there will be many events in which teams will be traveling on school/church buses for transportation. It is the school's policy to obtain permission from the individual player's parent/guardian in order to transport the athlete off the school property to a specific location for a sporting event or practice. By signing below, you authorize RBS to transport your athlete to and from all athletic events.

MEDICAL RELEASE:

It is school policy to obtain a medical release form, which would authorize the school to allow a physician or emergency medical personnel to treat an athlete in need of medical attention. Be advised, this form is not a waiver enabling an athlete to take prescription medication or permitting a school staff member to administer prescription medication. By signing below, you authorize RBS to provide any and all necessary medical attention that is needed.

ATHLETIC MANUAL:

We ask that every athlete and parent/guardian of an athlete read the entire athletic manual before the season starts. This will allow everyone to be on the same page when it comes to our overall sports program, philosophy, rules, and regulations. By signing below, you agree to follow all rules, regulations, and guidelines found in the athletic manual.

I hereby release Rosedale Baptist School, its agents, employees, or volunteer workers from any liability for accidental injury and sickness that may occur to the athlete listed below while participating in the athletic program or while being transported to and from an athletic program event.

I also give consent to RBS staff to authorize emergency medical treatment for the athlete listed below while trying to contact me at one of the phone numbers listed on the athlete's emergency contact information.

Signature of Athlete

Date

Signature of Parent/Guardian

Date